2025 NSAA D-3 District Track Meet May 14, 2025 Ed Flotz Sports Complex

Teams: Archangels Catholic, Bancroft-Rosalie, Hartington-Newcastle, Howells-Dodge, Lyons Decatur NE,

Osmond, Randolph, Scribner-Snyder, Walthill, Wausa, Winside, Wynot

Time: Field events will begin at 10 a.m. Running events will start at 1 pm.

Admission: \$6 Adults. \$5 Students(K-12). No conference passes will be accepted. Media and NSAA passes only

RUNNING EVENTS:

| 1:00 | 4 x 800m Relay | Girls Finals |
|-------------|---------------------------|---------------------|
| 1:15 | 4 x 800m Relay | Boys Finals |
| 1:30 | 100m High Hurdles | Girls Prelims |
| 1:45 | 110m High Hurdles | Boys Prelims |
| 2:00 | 100m Dash | Girls Prelims |
| 2:10 | 100m Dash | Boys Prelims |
| 2:20 | 400m Dash | Girls Finals |
| 2:30 | 400m Dash | Boys Finals |
| 2:40 | 3200m Run | Girls Finals |
| 2:55 | 3200m Run | Boys Finals |
| 3:10 | 200m Dash | Girls Prelims |
| 3:20 | 200m Dash | Boys Prelims |
| ALL FINALS: | Break(If needed) | |
| 3:50 | 100m High Hurdles | Girls Finals |
| 4:00 | 110m High Hurdles | Boys Finals |
| 4:10 | 100m Dash | Girls Finals |
| 4:15 | 100m Dash | Boys Finals |
| 4:20 | 800m Run | Girls Finals |
| 4:30 | 800m Run | Boys Finals |
| 4:40 | 300m Low Hurdles | Girls Finals |
| 4:50 | 300m Intermediate Hurdles | Boys Finals |
| 5:00 | 200m Dash | Girls Finals |
| 5:05 | 200m Dash | Boys Finals |
| 5:10 | 1600m Run | Girls Finals |
| 5:20 | 1600m Run | Boys Finals |
| 5:30 | 400m Relay | Girls Finals |
| 5:40 | 400m Relay | Boys Finals |
| 5:50 | 1600m Relay | Girls Finals |
| 6:00 | 1600m Relay | Boys Finals |